

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 06/01/2023																
* CVHS Brk	Total	100														
*Ultimate Brkfst Bar	1 Each	75	280	5	190	6.00	0.68	29.0	8	0.0	19	5.0	44.0	8.0	3.00	0.00
*Cereal, Asst. w/String Cheese	1 Each	25	165	10	363	6.79	4.89	295.0	643	7.44	9	7.75	23.3	4.7	2.25	0.00
Fruit, Fresh (.5 c serv)	.5 Cups	100	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00
*Juice, 100% Fruit	1 Each	100	60	0	9	0.00	0.00	20.0	500	60.0	12	0.0	14.8	0.0	0.00	0.00
Milk, 1%	8 oz	75	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00
Milk, Non Fat	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00
Weighted Daily Average			471	14	386	8.07	1.91	471.5	1361	90.24	*48	16.11	79.14	9.26	3.97	*0.00
% of Calories											*40.7%	13.7%	67.2%	17.7%	7.6%	*0.0%
Nutrient Guideline			450-600		640									<=35.0	<10.00	

Fri - 06/02/2023																
* CVHS Brk	Total	100														
Muffin, Apple Cinnamon WG	1 Each	75	250	25	270	2.00	*N/A*	20.0	0	0.0	17	4.0	44.0	7.0	0.50	0.00
*Cereal, Asst. w/String Cheese	1 Each	25	165	10	363	6.79	4.89	295.0	643	7.44	9	7.75	23.3	4.7	2.25	0.00
Fruit, Fresh (.5 c serv)	.5 Cups	100	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00
*Juice, 100% Fruit	1 Each	100	60	0	9	0.00	0.00	20.0	500	60.0	12	0.0	14.8	0.0	0.00	0.00
Milk, 1%	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00
Milk, Non Fat	8 oz	50	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00
Weighted Daily Average			441	27	438	5.07	*1.40	452.3	1355	90.24	*46	15.11	78.64	7.89	1.72	*0.00
% of Calories											*41.7%	13.7%	71.3%	16.1%	3.5%	*0.0%
Nutrient Guideline			450-600		640									<=35.0	<10.00	

Mon - 06/05/2023																
* CVHS Brk	Total	100														
Bagel, 3 Oz.	1 Each	50	217	0	230	4.36	2.47	0.0	0	0.0	4	0.0	44.6	0.82	0.00	0.00
Cheese, Cream	1 Each	1	60	15	85	1.00	0.00	60.0	200	0.0	2	4.0	2.0	4.0	2.00	0.00
*Cereal, Asst. w/String Cheese	1 Each	50	165	10	363	6.79	4.89	295.0	643	7.44	9	7.75	23.3	4.7	2.25	0.00
Fruit, Fresh (.5 c serv)	.5 Cups	100	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00
*Juice, 100% Fruit	1 Each	100	60	0	9	0.00	0.00	20.0	500	60.0	12	0.0	14.8	0.0	0.00	0.00
Milk, 1%	8 oz	75	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00
Milk, Non Fat	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00
Weighted Daily Average			411	13	450	7.46	3.85	524.1	1518	92.10	*38	14.34	74.29	4.89	2.31	*0.00
% of Calories											*36.8%	13.9%	72.2%	10.7%	5.0%	*0.0%
Nutrient Guideline			450-600		640									<=35.0	<10.00	

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 06/06/2023																
* CVHS Brk	Total	100														
*Muffin, Choc. Chip	1 Each	50	118	18	74	1.70	0.70	3.7	30	0.5	8	2.4	19.8	3.2	0.00	0.00
*Cereal, Asst. w/String Cheese	1 Each	50	165	10	363	6.79	4.89	295.0	643	7.44	9	7.75	23.3	4.7	2.25	0.00
Fruit, Fresh (.5 c serv)	.5 Cups	100	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00
*Juice, 100% Fruit	1 Each	100	60	0	9	0.00	0.00	20.0	500	60.0	12	0.0	14.8	0.0	0.00	0.00
Milk, 1%	8 oz	75	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00
Milk, Non Fat	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00
Weighted Daily Average			361	22	371	6.12	2.97	525.4	1531	92.35	*40	15.50	61.87	6.04	2.29	*0.00
% of Calories											*43.8%	17.2%	68.5%	15.0%	5.7%	*0.0%
Nutrient Guideline			450-600		640									<=35.0	<10.00	

Wed - 06/07/2023																
* CVHS Brk	Total	100														
*Mini Breakfast Bites, Apple	4 Each	50	270	0	160	3.00	1.50	20.0	0	0.0	2	4.0	41.0	10.0	4.50	0.00
*Cereal, Asst. w/String Cheese	1 Each	50	165	10	363	6.79	4.89	295.0	643	7.44	9	7.75	23.3	4.7	2.25	0.00
Fruit, Fresh (.5 c serv)	.5 Cups	100	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00
*Juice, 100% Fruit	1 Each	100	60	0	9	0.00	0.00	20.0	500	60.0	12	0.0	14.8	0.0	0.00	0.00
Milk, 1%	8 oz	75	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00
Milk, Non Fat	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00
Weighted Daily Average			437	13	414	6.77	3.37	533.5	1516	92.10	*37	16.30	72.47	9.44	4.54	*0.00
% of Calories											*33.7%	14.9%	66.3%	19.4%	9.3%	*0.0%
Nutrient Guideline			450-600		640									<=35.0	<10.00	

Thu - 06/08/2023																
* CVHS Brk	Total	100														
*Vanilla Breakfast Square	1 Each	75	260	20	180	1.00	0.72	60.0	0	0.0	20	5.0	36.0	7.0	2.00	0.00
*Cereal, Asst. w/String Cheese	1 Each	25	165	10	363	6.79	4.89	295.0	643	7.44	9	7.75	23.3	4.7	2.25	0.00
Fruit, Fresh (.5 c serv)	.5 Cups	100	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00
*Juice, 100% Fruit	1 Each	100	60	0	9	0.00	0.00	20.0	500	60.0	12	0.0	14.8	0.0	0.00	0.00
Milk, 1%	8 oz	25	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00
Milk, Non Fat	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average % of Calories			396	20	303	4.32	1.94	319.8	1105	89.04	*42 *42.1%	11.11 11.2%	66.14 66.8%	7.26 16.5%	2.47 5.6%	*0.00 *0.0%
Nutrient Guideline			450-600		640									<=35.0	<10.00	

Fri - 06/09/2023																
* CVHS Brk	Total	100														
*Vanilla Breakfast Square	1 Each	75	260	20	180	1.00	0.72	60.0	0	0.0	20	5.0	36.0	7.0	2.00	0.00
*Cereal, Asst. w/String Cheese	1 Each	25	165	10	363	6.79	4.89	295.0	643	7.44	9	7.75	23.3	4.7	2.25	0.00
Fruit, Fresh (.5 c serv)	.5 Cups	100	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00
*Juice, 100% Fruit	1 Each	100	60	0	9	0.00	0.00	20.0	500	60.0	12	0.0	14.8	0.0	0.00	0.00
Milk, 1%	8 oz	25	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00
Milk, Non Fat	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			396	20	303	4.32	1.94	319.8	1105	89.04	*42 *42.1%	11.11 11.2%	66.14 66.8%	7.26 16.5%	2.47 5.6%	*0.00 *0.0%
Nutrient Guideline			450-600		640									<=35.0	<10.00	

Mon - 06/12/2023																
* CVHS Brk	Total	100														
Bagel, 3 Oz.	1 Each	50	217	0	230	4.36	2.47	0.0	0	0.0	4	0.0	44.6	0.82	0.00	0.00
Cheese, Cream	1 Each	25	60	15	85	1.00	0.00	60.0	200	0.0	2	4.0	2.0	4.0	2.00	0.00
Peanut Butter	1 Each	25	201	0	73	2.23	0.80	22.3	0	0.0	4	7.81	10.04	16.74	2.79	0.00
*Cereal, Asst. w/String Cheese	1 Each	50	165	10	363	6.79	4.89	295.0	643	7.44	9	7.75	23.3	4.7	2.25	0.00
Fruit, Fresh (.5 c serv)	.5 Cups	100	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00
*Juice, 100% Fruit	1 Each	100	60	0	9	0.00	0.00	20.0	500	60.0	12	0.0	14.8	0.0	0.00	0.00
Milk, 1%	8 oz	75	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00
Milk, Non Fat	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			476	17	488	8.26	4.06	544.1	1566	92.10	*39 *33.2%	17.25 14.5%	77.28 64.9%	10.03 19.0%	3.48 6.6%	*0.00 *0.0%
Nutrient Guideline			450-600		640									<=35.0	<10.00	

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 06/13/2023																
* CVHS Brk	Total	100														
*Pillsbury Mini Cinnis	1 Each	50	240	0	300	2.00	1.44	40.0	0	0.0	15	5.0	40.0	8.0	2.00	0.00
*Cereal, Asst. w/String Cheese	1 Each	50	165	10	363	6.79	4.89	295.0	643	7.44	9	7.75	23.3	4.7	2.25	0.00
Fruit, Fresh (.5 c serv)	.5 Cups	100	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00
*Juice, 100% Fruit	1 Each	100	60	0	9	0.00	0.00	20.0	500	60.0	12	0.0	14.8	0.0	0.00	0.00
Milk, 1%	8 oz	75	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00
Milk, Non Fat	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00
Weighted Daily Average			422	13	484	6.27	3.34	543.5	1516	92.10	*43	16.80	71.97	8.44	3.29	*0.00
% of Calories											*41.1%	15.9%	68.2%	18.0%	7.0%	*0.0%
Nutrient Guideline			450-600		640									<=35.0	<10.00	

Wed - 06/14/2023																
* CVHS Brk	Total	100														
*Cinnamon Apple Crumble	1 Each	50	260	35	250	2.00	1.44	60.0	0	0.0	19	5.0	39.0	9.0	1.00	0.00
*Cereal, Asst. w/String Cheese	1 Each	50	165	10	363	6.79	4.89	295.0	643	7.44	9	7.75	23.3	4.7	2.25	0.00
Fruit, Fresh (.5 c serv)	.5 Cups	100	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00
*Juice, 100% Fruit	1 Each	100	60	0	9	0.00	0.00	20.0	500	60.0	12	0.0	14.8	0.0	0.00	0.00
Milk, 1%	8 oz	75	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00
Milk, Non Fat	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00
Weighted Daily Average			432	30	459	6.27	3.34	553.5	1516	92.10	*45	16.80	71.47	8.94	2.79	*0.00
% of Calories											*42.0%	15.5%	66.1%	18.6%	5.8%	*0.0%
Nutrient Guideline			450-600		640									<=35.0	<10.00	

Thu - 06/15/2023																
* CVHS Brk	Total	100														
*Ultimate Brkfst Bar	1 Each	75	280	5	190	6.00	0.68	29.0	8	0.0	19	5.0	44.0	8.0	3.00	0.00
*Cereal, Asst. w/String Cheese	1 Each	25	165	10	363	6.79	4.89	295.0	643	7.44	9	7.75	23.3	4.7	2.25	0.00
Fruit, Fresh (.5 c serv)	.5 Cups	100	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00
*Juice, 100% Fruit	1 Each	100	60	0	9	0.00	0.00	20.0	500	60.0	12	0.0	14.8	0.0	0.00	0.00
Milk, 1%	8 oz	75	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00
Milk, Non Fat	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00
Weighted Daily Average			471	14	386	8.07	1.91	471.5	1361	90.24	*48	16.11	79.14	9.26	3.97	*0.00
% of Calories											*40.7%	13.7%	67.2%	17.7%	7.6%	*0.0%
Nutrient Guideline			450-600		640									<=35.0	<10.00	

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 06/16/2023																
* CVHS Brk	Total	100														
Muffin, Apple Cinnamon WG	1 Each	75	250	25	270	2.00	*N/A*	20.0	0	0.0	17	4.0	44.0	7.0	0.50	0.00
*Cereal, Asst. w/String Cheese	1 Each	25	165	10	363	6.79	4.89	295.0	643	7.44	9	7.75	23.3	4.7	2.25	0.00
Fruit, Fresh (.5 c serv)	.5 Cups	100	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00
*Juice, 100% Fruit	1 Each	100	60	0	9	0.00	0.00	20.0	500	60.0	12	0.0	14.8	0.0	0.00	0.00
Milk, 1%	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00
Milk, Non Fat	8 oz	50	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00
Weighted Daily Average			441	27	438	5.07	*1.40	452.3	1355	90.24	*46	15.11	78.64	7.89	1.72	*0.00
% of Calories											*41.7%	13.7%	71.3%	16.1%	3.5%	*0.0%
Nutrient Guideline			450-600		640									<=35.0	<10.00	

Weighted Average			430	19	410	6.34	*2.62	475.9	1400	91.00	*43	15.14	73.10	8.05	2.92	*0.00
											*89.7%	14.1%	68.0%	16.9%	6.1%	*0.0%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	430		450 - 600	96%		20		Correction Required - Calories are Low
Cholesterol (mg)	19							
Sodium (mg)	410		640					
Fiber (g)	6.34							
Iron (mg)	2.62				Missing			
Calcium (mg)	475.9							
Vitamin A (IU)	1400							
Sugars (g)	43	39.85%			Missing			
Vitamin C (mg)	91.00							
Protein (g)	15.14	14.09%						
Carbohydrate (g)	73.10	68.03%						
Total Fat (g)	8.05	16.85%	<=35.00%					
Saturated Fat (g)	2.92	6.11%	<10.00%					
Trans Fat ¹ (g)	0.00	0.00%			Missing			

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